

Lois Lovegrove

Intuitive Healer

Newsletter



Hi,

Wow its June already, how did that happen?

Time is certainly seems to be speeding up, and even though I work from home, I don't seem to find time to do things, like write a regular Newsletter. I find it very difficult to write one, when I have nothing exciting and new to tell you.

This time I have plenty and in this edition you will find out how Thetahealing training is coming to Townsville, my Youtube channel, Special Offers (there are several of those spread throughout)

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YouTube

As some of you already know I have started doing little Video recordings that I have been posting on my FB page, I then decided that I may as well go all the way and post them on YouTube, nothing like putting the spotlight on myself. ☺

Here is one my latest clip

<https://www.youtube.com/watch?v=Tr5k3Id6dHM>



This is the link for the channel.

https://www.youtube.com/channel/UCfvstqyswVfx-sinxW_3Cfg

Please feel free to comment and/or share any of the Videos, or even subscribe to my channel, that way I can get to do more cool things. I only have 3 subscribers, so think it could take me awhile to get to the minimum of 100 Subscribers that are required, to upgrade.

I will have to do an amazing Video, and become an overnight sensation. Any suggestions towards this goal will be gratefully received, as long as the family friendly ones. ☺

Thetahealing Training

Woohoo, I have convinced New Zealand's leading (I say top, but she would only agree to leading) Thetahealing Teacher and Practitioner, Nancy Cate, to come and teach the Basic Class, here in Townsville, on the 28th-30th July.



For more information about this class go to my Website

<http://www.loislovegrove.com/offersevents.html>

Nancy has travelled extensively, with Vianna Stibal, the creator of Thetahealing, and has amazing knowledge, and holds the highest accreditation, in Thetahealing, the

ThetaHealing® Certificate Of Science

Thetahealing is one of the main things that helped me turn my life around, from being a self-destructive hard drinking party girl, with a habit of picking the wrong partners (partly because I didn't like being on my own, all the time, and partly because if I was with someone, I didn't have to think and resolve things from my past), to now working fulltime as a Healer.

We are truly lucky to have her coming here, to Townsville, so if you have been thinking about wanting to learn Thetahealing, or you need to redo the class, to be recertified as a Thetahealer, this is the perfect time. Come learn from one of the best, in the Thetahealing community.

Nancy is a beautiful person. We did a lot of training together, back in the mid 2000's, and have maintained a friendship ever since.

Here is a photo of us in February, when she came and visited me, when I was back in NZ.



Here is a great article on retraining your Subconscious Mind, Thetahealing is a great way to do it, and it's really easy to learn, it must be if I learnt it and then taught it. ☺

<http://upliftconnect.com/reprogram-subconscious-mind/>

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Social Media Rant

If I had known how much Social Media I would have to do, to become known, I probably would have turned tail and gone back to working for someone. It's hard work.

It's no wonder, that my hair as turned white, lol.



I have had to learn about the ins and outs of FB, LinkedIn, and Youtube. Learn how to write content & offers, create a Website, make Videos, create Sales Funnels, Pixels, Lead Pages, About Pages, and learn how to use Canva and Picmonkey, to be able to create pictures for my posts. It all can become truly overwhelming, and it especially did, when my Marketing Mentor told me, that people will follow you, read your content and watch you for an average of 11 hours, yes 11 HOURS, before they will think about committing to interacting in regards to working with you.

For me to create that sort of content, you can multiple by 10, those 11 hours, sitting writing isn't my greatest strength, hence the lack of Newsletters, and finding new content, that isn't recycled is becoming an interesting challenge, but I will find it for 3 reasons,

- 1: Teach, inspire and encourage people to take responsibility for their own lives, and to help them to grow spiritually.
- 2: Attract new clients
3. Help myself to spiritually grow more.

I never fully understood the importance of Sharing, Liking and Commenting, especially on FB Pages, but I have to tell you, that given the amount effort that goes into creating content it can get a bit demoralising to see your reach become smaller and smaller, because even though people are reading what you post, they aren't interacting, so eventually you disappear from their Newsfeed.

So please come find me and let's grow and learn together.

Please let me know if there are any subjects that you would like me to touch on, inspiration from others is really helpful.

<https://www.facebook.com/Here-to-Heal-Lois-Lovegrove-Intuitive-Healer-298724166988299/>

Please do your best to interact with the Pages you like, as there is a lot of work that goes into finding things, to support and inspire you, and we all love feedback.

Special Offer

This offer is only available for the recipients of this Newsletter and only valid until 10th June 2017. It is a saving of over \$100.00 and it's offered as an encouragement to you, to continue your personal development growth, to keep clearing out the past, get rid of the physical aches and pains and to help you reach your highest potential.



To take advantage of this offer, book here

<https://loislovegrove.youcanbook.me/>

Payment Methods

Paypal PayPal.Me/LoisL (if it doesn't click through, copy and paste)

Direct Deposit – Within Australia only

Cash – Face to Face Sessions

Terms and Conditions.

- 1.0 Has to be paid for by the 10th of June 2017.
- 2.0 Sessions have to be used up by 30th August 2017.
- 3.0 If paying Cash, first session must be booked and taken before the 10th June.

Secret

Someone told me the other day, "that I didn't, look or act like one of those types of people", she was a bit surprised by me, lol, because I didn't "look like one".

Huh, what the ..., I didn't realise that there was still such a strong Stereotype of what a Healer looked like and how they should behave,

Healers are "normal" people, we eat, we drink, we poop, we have bad grumpy days and we get sick when we don't look after ours, just like "regular normal" people

We don't always eat the right things, many of us like to have a social drink or two or three, and we don't always behave the "right way, we can fight and argue, just like "normal" people.

So don't be surprised to see me out having a Pizza and a glass of Wine, all my friends are "normal" and we like to go out and socialise.



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Testimonials and Referrals

Testimonials

I am updating my Website, at the moment and would love to have some new up-to-date Testimonials to add in to it.

I know that the majority of the work that we do together, is of a very personal nature and obviously I don't want you to reveal those details, nor is there any reason to do so, but if you have had shifts in your life, feel happier more content and at peace with your past, feel more confident within yourself, have better relationships, your body has had physical improvement. I would love to hear about them, if you don't want your name revealed, that is cool; I can use just your first name or initials.

It is always so wonderful to hear how people are getting on.

So if you would like to give me a Testimonial, you can either send me an email at loislovegrove@gmail.com or post one of my FB page, the link can be found in my Social Media Rant.

If you email it to me, please let me know how you want your name shown.

Some of you will have given me "Shout Outs" within FB groups, but I would love it if you could put them on my FB page, that way more people get to see the range and variety of work that I do.

As an incentive, (no bribery going on here) for every Testimonial I receive, I will send you an Oracle Card Reading, it will be 1 x Angelic Messenger Cards plus 3 x Angel Cards.



Referrals

I am changing the rules slightly for referrals, as you know I offer a \$10.00 discount, for any clients that you send my way. To encourage you to continue your own Self-Development, to now claim your bonus, you will need to come for your session, within one Calendar Month of the referral. I will send you an email to let you know that you have the bonus, it will be up to you to book your session, after that. As an added bonus for June only, your referral will also get a \$10.00 discount, gee these EOFY sales must be rubbing off on me.

Testimonials and Referrals are the life blood for small businesses, so please support us, so that we keep going, and are here when you need us.



Prose

This is my first attempt at prose.

I am Me

Just because you don't know me
Just because you don't understand me
It doesn't give you the right, to do any of this to me
Mock me
Tease me
Belittle me
Criticise me
Laugh at me
Look down on me
Instead come and get to know me
Talk with me
Play with me
Listen to me
Encourage me
Laugh with me
Rejoice with me
Learn to understand me
We can agree to disagree
That's OK with me
You are you and I am Me

loislovegrove.com

Laughter is the best medicine

Here are a few things that have amused me or made me go WOW.

Darci Lynne on America's Got Talent

<https://www.youtube.com/watch?v=bTMJwZNMxJO>

Watch Tim Conway destroy Carol Burnett, Vicki Lawrence and Dick Van Dyke

https://www.youtube.com/watch?v=3qqE_WmagjY

How to wash a cat

1. Put both lids of the toilet up and add 1/8 cup of pet shampoo to the water in the bowl...
2. Pick up the cat and soothe him while you carry him towards the bathroom.
3. In one smooth movement put the cat in the toilet and close the lid. You may need to stand on the lid.
4. At this point the cat will self agitate and make ample suds. Never mind the noises that come from the toilet, the cat is actually enjoying this!
5. Flush the toilet three or four times. This provides a 'Power-Wash' and 'Rinse'.
6. Have someone open the front door of your home. Be sure that there are no people between the bathroom and the front door.
7. Stand well back, behind the toilet as far as you can, and quickly lift the lid.
8. The cat will rocket out of the toilet, streak through the bathroom, and run outside where he will dry himself off.
9. Both the toilet and the cat will be sparkling clean.

Yours Sincerely,

The Dog

I look forward to catching up with you soon

Lois